

SI JOINT PAIN

A low-impact option called *SacroLoX*[®]

If you have low back, buttock, hip, or groin pain that will not quit, the source may be your sacroiliac (SI) joint.

UNDERSTANDING THE JOINT

Could your pain be coming *from the SI joint?*

What is the SI joint?

Your SI joints connect your sacrum (base of the spine) to your pelvis. They help transfer load between your upper body and legs.

COMMON SYMPTOMS

People describe SI joint pain as:

- Aching or sharp pain in the low back (often below L5)
- Buttock pain
- Hip pain
- Groin discomfort
- Pain that can radiate into the upper leg

PAIN OFTEN WORSENS WITH

- Standing or walking
- Climbing stairs
- Moving from sitting to standing
- Sitting for long periods
- Rolling in bed or sleep position changes

FIRST-LINE CARE

When conservative care is not enough

Many patients begin with non-surgical options, such as:

- Activity modification
- Physical therapy
- Anti-inflammatory medication (as appropriate)
- Injections and guided diagnostic testing

If pain persists and the SI joint is confirmed as the primary source, your clinician may discuss stabilization or fusion options.

THE PROCEDURE

What is *SacroLoX*®?

THE CONCEPT

- A small incision
- Fluoroscopy-guided placement
- Two cylindrical allograft implants placed to stabilize the joint

DESIGNED FOR STREAMLINED SETUP

- The instrumentation kit is pre-sterilized and single-use
- The allograft implants and instrumentation ship in separate containers

TYPICAL DAY-OF PROCEDURE EXPECTATIONS

- Many procedures take less than 1 hour
- Often performed with sedation (your clinician will determine what is appropriate)

RECOVERY EXPECTATIONS (VARIES BY PATIENT)

Many patients:

- Walk the same day
- Return to light work in about 2 weeks
- Improve gradually over time as healing progresses

Questions to ask your clinician

- How did you confirm the SI joint is the pain generator?
- What conservative options have we tried, and what is next?
- Am I a candidate for SI joint stabilization or fusion?
- What does my recovery plan look like?
- What restrictions should I expect after the procedure?

Next steps

If you suspect SI joint dysfunction:

- Schedule an evaluation
- Discuss diagnostic testing options
- Review treatment pathways based on your results



SacroLoX® by SI-Logix

SacroLoX® is a minimally invasive SI joint fusion approach designed to stabilize the SI joint and support long-term fusion.



Visit si-logix.com

IMPORTANT INFORMATION

This booklet is for educational purposes only and is not medical advice. Only a qualified clinician can diagnose and recommend treatment. Outcomes vary. Follow all clinician instructions and refer to the product Instructions for Use (IFU) for complete information.